



Our Lady of Grace Catholic School

Expanding Minds • Growing Faith • Inspiring Service

Calendar Links



[Click here for the 2019-20
School Calendar](#)



[CLICK HERE for the LUNCH
CALENDAR](#)



Sept 19 Picture Day
Sept 26 Christian
Service Day ~ \$1.00~
80's Day

[EVENTS CALENDAR](#)



Weekly Bulletin

September 12, 2019



Picture Day is Coming!

Date: September 19, 2019
Picture Day ID: EVT4G2P23
Order today at: mylifetouch.com



Show Your OLG Pride!

The car magnets have arrived! We are so excited to get as many of these on our families' cars as possible. This is a great way to show your school spirit around town.

If you would like a car magnet, please use the link below to sign up. We will send one home with your student. You can also grab one if you are in the office.

Thank you for showing your pride in our school!!

[CLICK HERE to Get Your Car Magnet](#)

Religious Education

Reflection on the Anniversary of 9/11

Franciscan Father Mychal Judge was chaplain to the New York City Fire Department. He was also a true New York character. Born in Brooklyn, Mychal Judge seemed to know everyone in the city, from the homeless to the mayor. A recovering alcoholic, Mychal became the Fire Department chaplain in 1992, and at his residence in the New York friary, Judge's room was immaculate and spare. Every morning, he'd wake up at around 6:30 and give thanks to God for his sobriety. At Morning Prayer, he sat in the first row on the right, and prayed aloud for the city's workers: its bus drivers and subway workers, its councilmen and mayor. He liked to preach from the first pew as well. "This was very significant," says Brian Carroll, a friend and fellow priest. "Because when you step out of the sanctuary, you're down with the people, eyeball to eyeball with them. That was the New Yorker in him. As he often said, 'It can get messy, it can get crazy, but it can be an awful lot of fun.'" He knew everyone in the city – from the mayor to the cab driver to his fellow alcoholics he spent so much time witnessing his faith and sobriety to.

On September 11, 2001, upon learning that the World Trade Center had been hit by the first of two jetliners, Father Judge rushed to the site to be with his fellow firefighters. He was met by Rudy Giuliani, the Mayor of New York City, who asked him to pray for the city and its victims. Judge administered the Last Rites to some bodies lying on the streets, then entered the lobby of the World Trade Center North Tower, where an emergency command post had been organized. There he continued offering aid and prayers for the rescuers, the injured and the dead. When the South Tower collapsed at 9:59 am, debris went flying through the North Tower lobby, killing many inside, including Father Mychal. At the moment he was struck in the head and killed, Judge was repeatedly praying aloud, "Jesus, please end this right now! God, please end this!"

Shortly after his death, an NYPD lieutenant found Judge's body. He and two firemen, an Emergency Medical Technician, and one civilian bystander then carried Judge's body out of the North Tower. Judge's body was laid before the altar of St. Peter's Catholic Church before being taken to the medical examiner. Mychal Judge was designated as "Victim 0001" and thereby recognized as the first official victim of the September 11, 2001 attacks. Other victims died before him including air crew, passengers, and occupants of the towers, but Judge was the first certified fatality because his was the first body to be recovered and taken to the medical examiner.

3,000 people attended Judge's funeral Mass on September 15, 2001, at St. Francis of Assisi Church, which was presided over by Cardinal Edward Egan, the Archbishop of New York at that time. Former President Bill Clinton, who attended the funeral, said that Judge's death was "a special loss. We should lift his life up as an example of what has to prevail. We have to be more like Father Mike than the people who killed him."

At a special Mass for FDNY Engine 73, Ladder 42, Bronx, NY – we recall what Father Mychal said in his homily:

"Thank you Lord for life. Thank you for love. Thank you for goodness. Thank you for work. Thank you for family. Thank you for friends. Thank you for every gift because we know that every gift comes from you, and without you, we have and are nothing. Let us enjoy each other's company, and most of all, let us be conscious of Your presence in our lives and in a special way in the lives of all those who have gone before us. That's the way it is" – Father Mychal preached - "Good days. And bad days. Up days. Down days. Sad days. Happy days. But never a boring day on this job. You do what God has called you to do. You show up. You put one foot in front of another. You get on the rig and you go out and you do the job - which is a mystery and a surprise. You have no idea when you get on that rig. No matter how big the call. No matter how small. You have no idea what God is calling you to. But he needs you. He needs me. He needs all of us."

Father Mychal preached that homily on September 10, 2001 – the day *before* the attacks on the World Trade Center. Let us never forget.

Blessings,
Mark Friedman, CRE

2019-2020 Christian Service Days

Sponsored by Leadership Council



What & Why?

- A fun, monthly event to raise money for a special charity!
- Donate \$1 to participate in our monthly out-of-uniform theme days!

This Year's Charity

We're excited to announce that Leadership Council has decided that all money raised this year through our Christian Service Days will be donated to the Wounded Warriors Project. This organization's focus is on Veterans and service members who incurred a physical or mental injury, illness, or wound while serving in the military on or after September 11, 2001. More than 52,000 servicemen and women have been physically injured in recent military conflicts. 500,000 are living with invisible wounds, from depression to post-traumatic stress disorder. 320,000 experiencing debilitating brain trauma. The Wounded Warrior Project is dedicated to assisting these individuals.

Monthly Christian Service Day Themes

- Thursday, September 26th - 80's Day
 - Wear 80's style clothes and break out the hairspray to see just how big you can make your hair!
- Thursday, October 10th - Pink Out Day
 - Wear pink from head to toe in honor of Breast Cancer Month.
- Monday, November 11th - Red/White/Blue Day
 - Wear your red, white, and blue or camo clothes in remembrance of Veterans' Day and to honor the veterans attending our annual prayer service!
- Thursday, December 12th - Character Day
 - Dress up as your favorite book, movie, tv show, or video game character. (Remember, all characters must be school appropriate!)
- Thursday, January 23rd - Pajama Day
 - Wear your most comfy PJ's to stay warm & cozy. (No slippers though!)
- Thursday, February 20th - Favorite Sports Team Day
 - Wear a favorite team's jersey, t-shirt, or sweatshirt to show your team spirit!
- Thursday, March 26th - Reds Opening Day
 - Wear Cincinnati Reds gear or red colored clothes to celebrate Opening Day!
- Thursday, April 23rd - Wacky Tacky Day
 - Wear the silliest, craziest, mismatched outfit you can create! Let your creativity shine! No hats please.
- Thursday, May 14th - Hawaiian Day
 - Wear your favorite shorts, Hawaiian shirts, summery t-shirts, grass skirts, sunglasses, & beach hats to celebrate summer break being just a week away! (Remember: Shirts must have sleeves & no "short" shorts or bathing suits!)

REMEMBER: JEANS, SWEATPANTS, & BOOTS ARE PERMITTED ON ALL CHRISTIAN SERVICE DAYS!!



5 STEP BEDTIME ROUTINE

Bedtime is often one of the most stressful times of the day for families. If you are starting to dread bedtime, these tips may help you end the day more peacefully.

Consider these questions:

- What time do you want your child in bed?
- What things do they need to do before going to bed (brush teeth, shower, put backpack by the door, etc.)?
- What are your child's common "excuses" for not going to bed (drink of water, have to go potty, need their lovey, etc.)?
- What parts of the bedtime routine do you/would you and your child enjoy (reading books together, snuggling, catching up on the day, etc.)

1. Plan Backwards: With your answers in mind, work backwards to create a bedtime routine. So, if you want your child in bed at 8, the bedtime routine may start at 7:30. Put all expectations into a routine, including their "excuses" and bonding/snuggle time. For example, the bedtime routine may include: "get last drink of water" or "put glass of water by the bed."

2. Set Your Limits: Looking back at your answers, are there any "excuses" for not going to bed that push your limits? Do you say that you will read two books, but end up reading ten? Do you say "I will lay with you for five more minutes," but find that you actually stay an hour? Set your expectations in advance as part of the bedtime routine. Follow through, even when your kids beg for more.

3. Create a Ritual: Right now, your bedtime routine may be chaotic and stressful. Or perhaps it is wild and untamed. Work with your kids to change this pattern into something calm and peaceful. How would they like to end the day? Snuggle-time with mom? Read books out-loud to dad? Pray? Sing songs? Keep in mind, this might look different for each child. Add this to the bedtime routine.

4. Limit Screen-Time: TV's, computers and iPad can ruin a bedtime routine because they are distracting and stimulating. Limiting screen-time for 30 minutes prior to bed may help your child focus and calm down. If your child "can't sleep" without the TV on, encourage them to try relaxation music or audio relaxation techniques, white noise (machine or app), or books on CD.

5. Increase One-On-One Time: Your kids want your attention. If your night was full of household and work responsibilities, more than likely your kids did not have your full attention. When you demand that teeth are brushed, your kids may resist, thinking, "well, at least I have her attention now."

Tips from Nicole Schwartz- MA, LMFT and Parent Coach

OLG PTO WEEKLY NEWSLETTER

Thursday September 12, 2019

OUR LADY OF GRACE

**Mission
Possible**
#soar2serve



MAKE OUR SCHOOL A CUT ABOVE!

PTO
ROCKS

EAGLE WALK 2019

We are less than a month away!

Volunteer and be part of the most fun day of the year!

- Sponsorship deadline is Monday September 16th! – if you need more sponsorship forms please let us know via email PTO@olgcs.org
- The deadline for volunteers to be VIRTUS trained is 10/1/2019 – it was misprinted in the packet!
- Next EAGLE WALK Committee meeting is Thursday September 12th 7pm at Los Panchos on Colerain Ave – Hope to see you there!
- Sign up to volunteer via <https://www.signupgenius.com/go/5080B4EA5AE2BAAF94-eagle>
- If you would like to purchase an Eagle Walk t-shirt, they are on sale for \$10 through our square app. DEADLINE IS Wednesday 9/18! Please use this link: <https://squareup.com/store/olgpto>
- FIRST TURN IN DAY IS FRIDAY SEPTEMBER 27TH!

BOX TOPS

Great job sending in Box Tops! We are shipping off over \$340 in tops! Keep clipping and scanning! If there are any questions, please contact us via email at pto@olgcs.org. Turn in days are the first Friday of every month.

ROOM PARENT SIGN UPS!

We still need a few room parents for a few classes! Please consider helping! All volunteers must be VIRTUS trained. Please use the following link to sign up: [CLICK HERE](#)

PTO MEETING REMINDER

The next PTO meeting is Monday October 14th at 630pm in the teacher's lounge. Hope to see lots of new faces!



Our Lady of Grace Athletic Association



Boys Basketball registration is now open! Boys basketball is offered for all boys in grades 3-8 who are enrolled at Our Lady of Grace or who are members of one of the covenant parishes (Assumption, St. Margaret Mary, Little Flower, St. Ann). Click the link below to sign up!

<https://leagues.bluesombrero.com/Default.aspx?tabid=958716>

Information for Boys Basketball open gym times are listed below. Open gyms are open to any boys interested in playing basketball at OLG, and for current players to get some practice in before skills assessments. All skills levels and experience levels are encouraged to come out!!

Monday 9/30:

3rd/4th/5th grades from 6-7pm

6th/7th grade from 7-8pm

8th grade 8-9pm

Wednesday 10/2:

3rd/4th/5th grades from 6-7pm

6th/7th grade from 7-8pm

8th grade 8-9pm

PANTHER FOOTBALL

PANTHERS 30 **IHM 6**

Our Lady of Grace's Highlight



Koy Beasley lead the defensive backfield with 2 interceptions in shutting down the passing game.

GAME COMPARISON

	PANTHERS	VICTORY
TOTAL YDS	255	172
RUSH YDS	231	35
PASS YDS	54	137
PENALTIES	7	1
1ST DOWNS		
3RD DOWN CONV		
AVG YDS/PLAY	10.18	4.52
FUMBLES-LOST	0-0	1-1
SACKS	1	0
TFL	1	1
INTERCEPTIONS	2	1



2019 Our Lady Of Grace Night

Our Lady of Grace and FC Cincinnati are proud to partner together to present Our Lady of Grace Night. For more information on how to purchase tickets, please visit www.fc-cincinnati-olg-family-night.cheddarup.com.

FC CINCINNATI VS. CHICAGO FIRE SC
 SATURDAY, SEPTEMBER 21 | 7:30 PM

SPECIAL PARTNER PRICING

2019 TICKETS

SPECIAL

FAMILY SECTION 111 \$20



FCCINCINNATI.COM | 513-977-KICK

#IGNITEUNITE



PO Box 9519 | Cincinnati, OH 45209

Dear Parents,

The new school year is just about here and it is time to be thinking about band for your child. I am excited to be the Band Director for Our Lady of Grace. Band will begin WEDNESDAY, September 18th, immediately after school.

Beginner Band: 3:00 – 3:45

Advanced Band; 3:45 – 4:30

We will begin preparing for our Christmas Concert.

Since I am new so some of you, I want to take a few minutes to provide you with some information about me. I want to make sure all parents know and feel comfortable with the person who their child is spending an hour with every week.

Here is a short “Cliff Note” version of my history.

- I have been teaching music in schools for THE MUSIC STAFF for over 10 yrs.
- I have written arranged and recorded a few CD's.
- I have played in Navy bands around the world.
- I have taught seventh grade PSR/CCD classes for 18 yrs. (Retired 2009)
- I was the Music Director for the St. Ignatius 7:30 p.m. Youth Music ministry for 14 yrs. We recorded three CD's with this group. (Retired 2009)
- I have played in my local bands in Cincinnati since the 1960's and I'm currently playing the “THE BELAIRS SHOW BAND” (10-piece Las Vegas style show band).
- I am a trained and registered teacher with the Archdiocese of Cincinnati

If you have any other questions, please feel free to contact me anytime!

Larry J. Arszman

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THE MUSIC STAFF

<https://www.musicstaffbeat.com>