



# Our Lady of Grace Catholic School

*Expanding Minds • Growing Faith • Inspiring Service*

## Calendar Links



[Click here for the 2019-20  
School Calendar](#)



[CLICK HERE for the LUNCH  
CALENDAR](#)



Oct. 4 Eagle Walk and  
Spiritwear Day

[EVENTS CALENDAR](#)



*Weekly Bulletin*

*September 26, 2019*



## Eagle Walk turn in days:

**Tomorrow, September 27**

**Next Friday, October 4**

More information about the event is in  
the PTO Newsletter later in the Weekly Bulletin.



## New this Year

As part of our school accreditation plan, we are studying a Virtue a month to better help the students understand these important concepts in their lives. One of the Virtues we are continually working on is Reverence. This is a feeling or attitude of deep respect tinged with awe. During Church on Tuesday, we show great reverence for the Lord.

With this virtue in mind, we have made a change to the Out of Uniform expectations for the students at OLG. Students are no longer allowed to come to school out of uniform for any reason on Tuesdays or other special Mass days. The students have been made aware of this change through the announcements and in person when they have received an out of uniform pass.

Thank you for helping us teach the very important Virtue of Reverence by reminding your student to follow this new guideline when coming to school out of uniform.



# Religious Education

## A Teenage Saint

Last Saturday I had the opportunity of presenting a workshop for religion teachers in the Archdiocese of Cincinnati on the topic of the Saints. During my research, I came across a very special person that earned the title Blessed in 2010 and her story really touched my heart. When we think about saints, we don't usually think about teenagers who failed math class, stayed out late having coffee with friends, and loved listening to the latest pop music, yet, that describes Chiara Badano.

She was born on October 29, 1971, to Ruggero and Maria Teresa Badano in the small village of Sassello, Italy. The couple waited and prayed eleven years to have Chiara, and considered her to be their greatest blessing. Her father worked as a truck driver, while Maria Theresa stayed at home to raise Chiara. They were a loving family and Chiara clung to her Catholic faith from an early age. Even at age 4, Badano would give away her toys to poor children and eagerly visited the nursing home to comfort the elderly. At age 9, she joined a Catholic youth group. As she grew older and entered high school, she was a very popular girl in her class with lots of friends, but when asked about sharing her faith, Chiara said she did not try to bring Jesus to her friends with words, but rather with her example and how she lived her life. She loved sports, tennis, sang, danced and stayed out late with friends. From the outside, she was just an ordinary teenager who loved to have fun.



Then at age 17 Chiara, while playing tennis, felt a sharp stabbing pain in her shoulder. At first she thought nothing of it, but when the pain continued to be present, she underwent a series of tests. The doctors discovered she had a rare and painful form of bone cancer, *osteogenic sarcoma*. It spread quickly, with the likely chance that she would die. Throughout the treatment process, Chiara refused to take any morphine so she could stay aware. She said, "It reduces my lucidity and there's only one thing I can do now: to offer my suffering to Jesus because I want to share as much as possible in his sufferings on the cross." During her stays in the hospital, she would take the time to go on walks with another patient who was struggling with depression. These walks were beneficial to the other patient but caused Chiara great pain, but she never let it show. Her parents often encouraged her to rest but she would simply reply, "I'll be able to sleep later on."

To help prepare her parents for life after she died, Chiara made them dinner reservations for Valentine's Day after they refused to leave her bedside. She also ordered them to not return until after midnight. She also wrote, "Holy Christmas 1990. Thank you for everything. Happy New Year," on a Christmas card and hid it among some blank ones for her mother to find later. While undergoing a painful medical procedure, Chiara had a vision, "When the doctors began to carry out this small, but quite demanding, procedure, a lady with a very beautiful smile came in. She came up to me and took me by the hand, and her touch filled me with courage. In the same way that she arrived, she disappeared, and I could no longer see her. But my heart was filled with an immense joy and all fear left me. In that moment I understood that if we're always ready for everything, God sends us many signs of his love." Chiara's faith and spirit never dwindled even after the cancer left her unable to walk and a CAT scan showed that any hope of remission was gone. In response, she simply said, "If I had to choose between walking again and going to heaven, I wouldn't hesitate. I would choose heaven." In the midst of her pain, she continually said, "For you, Jesus, if you want it, I want it too!"

Many of her friends visited her in the hospital and said about the experience, "At first we thought we would visit Chiara to keep her spirits up, however, we soon realized that in fact, *we were the ones who needed her*. Her life was like a magnet drawing us towards her." One of the doctors said about her, "Through her smile, and through her eyes full of light, she showed us that death doesn't exist; only life exists." Despite her illness and being confined to bed, Chiara wrote letters and sent messages to others. She inspired everyone she met with her faith and love for others. She gave all of her savings to a friend who was becoming a missionary in Africa.



When her short life was nearly at an end, she said: "I have nothing left, but I still have a heart – and with that I can always love." She said to her mother, "Mum, Don't shed any tears for me. I'm going to Jesus. At my funeral, I don't want people crying, but singing with all their hearts." She also asked to be buried in her "wedding gown" a white dress with a pink waist, symbolizing how she would be forever united with Jesus in heaven. Chiara Badano left this world on October 7, 1990, just short of her 19th birthday. She departed to meet Jesus with the words, "Bye, Mum, be happy, because I am." Two thousand people attended her funeral; the Mayor of Sassello shut down the town so people would be able to attend. In 2009, Pope Benedict acknowledged the unexplained miraculous cure of a young Italian boy who prayed to Chiara to heal him from meningitis. She was declared Blessed Chiara Badano on September 25, 2010. Many thousands attended the ceremony. Her feast day is October 29. *What an extraordinary young woman!*

**Mark Friedman, CRE**



# 2019-2020 Christian Service Days

Sponsored by Leadership Council



## What & Why?

- A fun, monthly event to raise money for a special charity!
- Donate \$1 to participate in our monthly out-of-uniform theme days!

## This Year's Charity

We're excited to announce that Leadership Council has decided that all money raised this year through our Christian Service Days will be donated to the Wounded Warriors Project. This organization's focus is on Veterans and service members who incurred a physical or mental injury, illness, or wound while serving in the military on or after September 11, 2001. More than 52,000 servicemen and women have been physically injured in recent military conflicts. 500,000 are living with invisible wounds, from depression to post-traumatic stress disorder. 320,000 experiencing debilitating brain trauma. The Wounded Warrior Project is dedicated to assisting these individuals.

## Monthly Christian Service Day Themes

- Thursday, September 26th - 80's Day
  - Wear 80's style clothes and break out the hairspray to see just how big you can make your hair!
- Thursday, October 10th - Pink Out Day
  - Wear pink from head to toe in honor of Breast Cancer Month.
- Monday, November 11th - Red/White/Blue Day
  - Wear your red, white, and blue or camo clothes in remembrance of Veterans' Day and to honor the veterans attending our annual prayer service!
- Thursday, December 12th - Character Day
  - Dress up as your favorite book, movie, tv show, or video game character. (Remember, all characters must be school appropriate!)
- Thursday, January 23rd - Pajama Day
  - Wear your most comfy PJ's to stay warm & cozy. (No slippers though!)
- Thursday, February 20th - Favorite Sports Team Day
  - Wear a favorite team's jersey, t-shirt, or sweatshirt to show your team spirit!
- Thursday, March 26th - Reds Opening Day
  - Wear Cincinnati Reds gear or red colored clothes to celebrate Opening Day!
- Thursday, April 23rd - Wacky Tacky Day
  - Wear the silliest, craziest, mismatched outfit you can create! Let your creativity shine! No hats please.
- Thursday, May 14th - Hawaiian Day
  - Wear your favorite shorts, Hawaiian shirts, summery t-shirts, grass skirts, sunglasses, & beach hats to celebrate summer break being just a week away! (Remember: Shirts must have sleeves & no "short" shorts or bathing suits!)

**REMEMBER: JEANS, SWEATPANTS, & BOOTS ARE PERMITTED ON ALL CHRISTIAN SERVICE DAYS!!**





## What to expect

School-aged children need between 10 and 11 hours of sleep per night. Not getting enough sleep is common in this age group, given increasing school obligations (e.g. homework), evening activities, and later bedtimes. Sleep problems are also common in school-aged children, including sleepwalking, sleep terrors, teeth grinding, nighttime fears, snoring, and noisy breathing.

Signs of sleep deprivation in school-aged children can include:

- **Mood.** Sleep deprivation may cause your school-aged child to be moody, irritable, and cranky. In addition, he may have a difficult time regulating his mood, such as by getting frustrated or upset more easily.
- **Behavior.** School-aged children who do not get enough sleep are more likely to have behavior problems, such as noncompliance and hyperactivity.
- **Cognitive ability.** Inadequate sleep may result in problems with attention, memory, decision making, reaction time, and creativity, all of which are important in school.

## How to help your school-aged child sleep well

- **Develop a regular sleep schedule.** Your child should go to bed and wake up at about the same time each day.
- **Maintain a consistent bedtime routine.** School-aged children continue to benefit from a bedtime routine that is the same every night and includes calm and enjoyable activities. Including one-on-one time with a parent is helpful in maintaining communication with your child and having a clear connection every day.
- **Set up a soothing sleep environment.** Make sure your child's bedroom is comfortable, dark, cool, and quiet. A nightlight is fine; a television is not.
- **Set limits.** If your school-aged child stalls at bedtime, be sure to set clear limits, such as what time lights must be turned off and how many bedtime stories you will read.
- **Turn off televisions, computers, and radios.** Television viewing, computer-game playing, internet use, and other stimulating activities at bedtime will cause sleep problems.
- **Avoid caffeine.** Caffeine can be found in sodas, coffee-based products, iced tea, and many other substances.
- **Contact your child's doctor.** Speak to your child's physician if your child has difficulties falling asleep or staying asleep, snores, experiences unusual awakenings, or has sleep problems that are causing disruption during the day.

# OLG PTO WEEKLY NEWSLETTER

Thursday September 26, 2019



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## EAGLE WALK 2019

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### We are in the home stretch to the BIG day!

- The deadline for volunteers to be VIRTUS trained is 10/1/2019 – it was misprinted in the packet!
- Next EAGLE WALK Committee meeting is **TONIGHT September 26<sup>th</sup> 7pm at Game On in the White Oak Shopping Center on Cheviot Rd** – Hope to see you there!
- We are still in need of volunteers - Sign up to volunteer via <https://www.signupgenius.com/go/5080B4EA5AE2BAAF94-eagle>
- **FIRST TURN IN DAY IS THIS FRIDAY SEPTEMBER 27<sup>TH</sup>!**
- New this year...Volunteer Raffle! All volunteers will be entered into a \$100 tuition raffle as well as get a ticket to use for a chance to win several different gift baskets.
- There are so many new and exciting things happening at the walk this year:
  - We will have Colerain Township police and fire there for “Touch a Truck!”
  - Mr. Redlegs will be walking with us in the morning!
  - There will be several other special guests throughout the day
  - TONS for awesome raffle prizes!!

If you have any questions regarding the Eagle Walk, please email us at [pto@olgcs.org](mailto:pto@olgcs.org)

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## BOX TOPS

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Lots of Box Tops are set to expire on 11/1/2019 – please send in any clipped tops you may have at home – We will do another shipment before the submission deadline of 11/1/2019!

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## PTO MEETING REMINDER

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The next PTO meeting is Monday October 14<sup>th</sup> at 630pm in the teacher’s lounge. Hope to see lots of new faces!





# Our Lady of Grace Athletic Association



Boys Basketball registration is now open! Boys basketball is offered for all boys in grades 3-8 who are enrolled at Our Lady of Grace or who are members of one of the covenant parishes (Assumption, St. Margaret Mary, Little Flower, St. Ann). Click the link below to sign up!

<https://leagues.bluesombrero.com/Default.aspx?tabid=958716>

Information for Boys Basketball open gym times are listed below. Open gyms are open to any boys interested in playing basketball at OLG, and for current players to get some practice in before skills assessments. All skills levels and experience levels are encouraged to come out!!

### **Monday 9/30:**

3rd/4th/5th grades from 6-7pm

6th/7th grade from 7-8pm

8th grade 8-9pm

### **Wednesday 10/2:**

3rd/4th/5th grades from 6-7pm

6th/7th grade from 7-8pm

8th grade 8-9pm

### **Skills Assessment Information**

Skills assessments are a requirement to participate in OLG basketball. Everyone makes a team that signs up to play!! Our league has 4 competition levels in each grade, so it is important to know our athletes skill levels to get each team placed in the proper competitive division. See below for days/time by grade level:

### **Monday 10/7**

3rd/4th/5th grade from 6-7pm

6th grade from 7:15-8:15pm

### **Thursday 10/10**

7th grade from 6-7pm

8th grade from 7:15-8:15pm

All assessments are held at Assumption. Practice will start at the end of October & games start the weekend of December 7th.



**Saturday, October 19, 2019**

**St. Ann Euchre card night, tournament style!**

**St. Ann Gym - 6:30pm**

**Social & Seasoned players welcome**

**\$20.00 for individual / \$17.50 each for groups of 4 or more  
- price includes Skyline dinner**

**Call the office or email us to register  
521-8440 or [info@saintannparish.org](mailto:info@saintannparish.org)**

St. Ann Parish Mass+ offers program options for students in grades 1st through 12th. The St. Ann Youth Choir is open to students beginning with 2nd grade. This is a great program under the direction of Laura Carroll. The group meets most Sundays during Mass+ (10:10am-11:10am)

We also have a Teen Group which meets on the 2nd and 4th Sundays of the month. This group is working on growing into a dynamic parish team, comprised of students in 7th -12th grade.

We encourage you to give either, or both programs a try.



# OPEN HOUSE

NOVEMBER 10  
1-4 PM



## PLACEMENT TEST

November 23  
8 am - 12 pm  
\$30

Register online:  
[lasallehs.net/  
admissions/hspt](http://lasallehs.net/admissions/hspt)



## SHADOW US

We invite current 8th-grade students to spend a day with us! Shadow days are available through December 20.

## LA SALLE HIGH SCHOOL

*Home of the Lancers!*

3091 North Bend Road  
Cincinnati, OH 45239  
[lasallehs.net/admissions](http://lasallehs.net/admissions)



FOR MORE INFORMATION, CONTACT JAKE PUCCI AT [JPUCCI@LASALLEHS.NET](mailto:jpucci@lasallehs.net)





# CLASS OF 2024

## OPEN HOUSE

**SUNDAY, NOVEMBER 17**

Join us for Open House on Sunday November 17 from 1 –4 p.m. We welcome ALL prospective families to experience our campus.



## X-PERIENCE DAYS

**BEGIN SEPTEMBER 10**

Register for an X-Perience Day (also known as shadowing.) Open dates can be found at

[stxavier.org/admissions](http://stxavier.org/admissions)

## HSPT (High School Placement Test)

**SATURDAY, NOVEMBER 23**

Prep classes at St. X take place on November 2 and 9. Sign-ups for the class can be found at

[stxavier.org/admissions](http://stxavier.org/admissions)



**Applications must be complete no later than Friday, November 29**