



Our Lady of Grace Catholic School

Expanding Minds • Growing Faith • Inspiring Service

Calendar Links



[CLICK HERE for the 2020-21 school calendar.](#)



[CLICK HERE for the LUNCH CALENDAR](#)



Sept. 7 No School

[EVENTS CALENDAR](#)



Weekly Bulletin

September 3, 2020

Illnesses and Fevers in School and COVID 19 Like Symptoms

Fever is defined as having a temperature of 100 or higher. Illnesses are most contagious right before and during a fever. They spread easily to others. Our Lady of Grace is following the Hamilton County Health Department's recommendations for illnesses and fevers in school. Due to the current pandemic we are asking parents/guardians to assess your child each morning before school.

1. Take their temperature
2. Make sure they do not have COVID-19 symptoms such as:

Cough

Shortness of breath or difficulty breathing

Fever or chills

Fatigue

Muscle or body aches

Headache

New loss of taste or smell

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea

We know this is challenging since these symptoms are so similar to other colds and viruses. Please call your doctor's office for instructions for treating a fever if your child is sick. **If your child is sent home from school with a fever and 1 or more of the above symptoms, the health department is requiring that your child get a COVID 19 test. If the test comes back negative AND your child has been fever free without fever reducing medicine for at least 24 hours, they may return to school with a doctor's note. If you choose not to have your child tested for COVID-19 the health department says your child must quarantine for 14 days at home.**

All absences due to illness and/or quarantine are considered excused. Please call the office at 513-931-3070 to report all absences. During this pandemic we all need to work together to keep the spread of COVID-19 down as we return to school.

Religious Education

Saint Gregory the Great's Story

Today is the Feast Day of Pope Saint Gregory the Great, born in the year 540, Gregory rose quickly in the ranks of the Roman Catholic Church and was made the Prefect or ranking priest in the City of Rome before he was 30. After five years in office, however, he resigned and went on to start six monasteries on his vast estate in Sicily, and became a Benedictine Monk in his own home at Rome.

Given a great honor, the Pope made Gregory one of seven deacons in Rome, and also served six years in the Eastern Church as papal representative in the City of Constantinople. Soon after, he was recalled to become abbot at one of the major Benedictine Monasteries, but at the age of 50 in the year 590, Gregory was elected pope by the clergy and people of Rome.

Gregory was direct and firm. He removed unworthy priests from office, forbade taking money for many services, emptied the papal treasury to ransom prisoners and to care for persecuted Jews and the victims of plague and famine. He was very concerned about the conversion of England, sending 40 monks from his own monastery. He is known for his reform of the liturgy, and for strengthening respect for doctrine. He is widely believed to have been responsible for the creation of "Gregorian" chant – which became popular in the Middle Ages as the official music in the Church.

Gregory lived in a time of perpetual strife in Italy with invading German tribes and difficult relations with the East. When Rome itself was under attack, he intervened with the German king to prevent war. His book, *Pastoral Care*, on the duties and qualities of a bishop, was read for centuries after his death. He described bishops mainly as physicians of the soul - whose main duties were preaching and the enforcement of discipline.

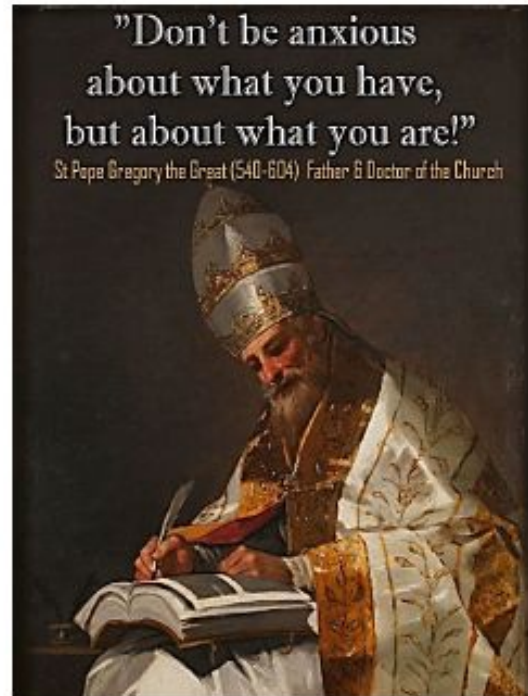
In his own down-to-earth preaching, Gregory was skilled at applying the daily Gospel to the needs of his listeners. Called "the Great," Gregory has been given a place with the great Saints Augustine, Ambrose, and Jerome, as one of the four key doctors of the Western Church.

An Anglican historian has written: "It is impossible to conceive what would have been the confusion, the lawlessness, the chaotic state of the Middle Ages without the medieval papacy; and of the medieval papacy, the real father is Gregory the Great."

Gregory was content to be a monk, but he willingly served the Church in other ways when asked. He sacrificed his own preferences in many ways, especially when he was called to be the Bishop of Rome and serve as Pope. Once he was called to public service, Gregory gave his considerable energies completely to this work. Gregory's description of bishops as physicians fits in well with Pope Francis' description of the Church as a "field hospital for souls."

Saint Gregory the Great is the Patron Saint of England, Epilepsy, Musicians, and Teachers. Pray to him when you need a boost of energy. Saint Gregory sure had plenty of it!

Have a Blessed Day!
Mark Friedman, CRE



Family Engagement Challenge

September Parenting Tips



Week of September 7 Week of September 14 Week of September 21 Week of September 28

Strength of the Week:
Love of Learning
I get excited about discovering new things.

☐ When your child/ren share with you something new they've learned that day, **make a big deal about it!** Recognize their strength of Love of Learning. Be grateful they're willing to share their knowledge!

☐ Just like your stomach gives you a signal when it's time to eat, so does your mind. The mind craves a good meal or a great dessert like reading, creating, or learning something new. What's your mind craving?

☐ The **Mistake Compass**: The message in the north: "Learning from our own mistakes"; the west is "Learning from the mistakes of others"; and the south is "Being willing to make as many mistakes as it takes." Finally, in the center of the wheel is "Learning that there is no such thing as a mistake".

Strength of the Week:
Hope
I feel positive when I think about the future.

☐ As a family, write down something you are hopeful about for this week, month or for the rest of the year. What role will you play in making it happen?

☐ Make a mental "Hope Chest". What happy thoughts will you fill it with throughout the day?

☐ We all are facing these challenging times together. Discuss with your family how you can find hope even in challenging situations.



Strength of the Week:
Mindfulness
I am present and fully engage in the moment.

☐ Take a moment with your family to stop and notice 5 things you hear, 5 things you see, 5 things you smell, 5 things you can taste and 5 things you can touch.

☐ Can you find a rainbow in your home? Rainbows make everyone smile. Enjoy the beauty of seeing rainbows wherever you are. Find a comfortable seat and focus on your breath. Begin to look around the room and find every color of the rainbow. A **red** book, the **orange** rug, a **yellow** pencil, the **green** plant, the **blue** cup, the **indigo** blanket and the **violet** vase. Rainbows are everywhere!

☐ Memories are one of the most precious things we have. They're what makes a family unique. **What memories define your family?** Sit down together and take turns sharing a favorite memory. A fun staycation or when the home-made birthday cake looked a mess, but it was the best tasting cake ever!

Strength of the Week:
Self-Control
I can stop, wait, and manage my emotions.

☐ Have your child practice pausing and thinking before they react to a situation. Role play different scenarios and make them wait 10 seconds before responding.

☐ We know your family is stressed for many different reasons. Today set an intention to practice self-control with a few mindful breaths every hour. Breathe in through your nose and blow out through your mouth three times. As you are exhaling tell yourself things will get better!

☐ Talk about how your family will practice self-control when a family member, sibling or friend makes them angry.



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IMMUNIZATIONS Needed

Parents,

Thanks to those of you who have turned in a current copy of your child's immunization (shot) records. We still have some parents who have not done this. You have until tomorrow to get those turned in to us. **Any student who does not have this on file will not be able to attend school starting Monday.** This applies to your child if they are new to OLG

this year or in the 7th grade. The 7th grade students need to have the tdap and meningococcal vaccines for entry into 7th grade. These are requirements for the first day of school in the state of Ohio.

We have given families a 2 week grace period from the start of school to get these records into school or your child will not be permitted to attend school starting on September 4. You can send a copy in with your child or fax a copy to the school at 513-931-3707. Thank you so much for your prompt attention to this.

Mrs. Shewmaker



Transportation

Thanks to everyone for doing such a great job with the morning and afternoon arrival and dismissal in the car line. The bus transportation has also gone very well. All the school buses have been arriving and leaving on time.



This is a reminder that school starts at 8:00 am. Breakfast is served until 8:15. Any student arriving after 8:15 will not be offered breakfast.

All students arriving after 8:00am should enter the building through the main entrance and report to the office. Parents are asked to please stay in the parking lot until the student has entered the building. Temps will be taken in the office when they arrive.



Our Lady of Grace Athletic Association



Girls Volleyball

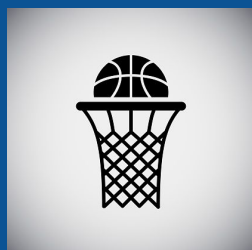
Skills assessments for 5th-8th graders will be held on Sunday, Sept 6th. Assessments will be held at Little Flower and players must be signed up to play to attend.



Soccer

The inaugural season of OLG Soccer is underway, and we couldn't be more excited to bring this sports program to our school. For a VERY limited time, you can get the first OLG Soccer Hoodie! The order deadline is September 8th. Only one run of this design. Click the link below to order yours today!

<https://ourladyofgracespirit.itemorder.com/product/15558518>



We are missing several basketball uniforms from last season. If you didn't drop off your uniform at the athletic drop off last spring, please return your child's uniform to the school office in a bag with their name on it. Thanks so much!



EARN CASH FOR OUR SCHOOL

NO MORE CLIPPING. ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

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Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. You can still clip these and send them to school. Please make sure each clip has a valid expiration date.



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OUT THE BOX TOP FROM EACH PACKAGE



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